



### Helpful Phone Numbers & Hotlines

HIV/AIDS Hotline-NYS  
1-800-541-2437

Child Abuse Reporting in NYC:

Mandated Reporter  
1-800-635-1522

General Public & Non Mandated Reporters  
1-800-342-3720

Children's Single Point of Access (CSPOA)  
1-888-277-6258

Crime Victim's Board  
212-577-7777

Domestic Violence Hotline  
1-800-621-4673

Drug Abuse Hotline  
1-800-522-5353

Food and Hunger Hotline  
1-866-888-8777

Immigrant Hotline -NYC  
212-788-7654

NYC WELL  
1-888-NYC-WELL  
Español: PRESS #3

中文: PRESS #4

Deaf/Hearing Impaired  
711

Rape & Sexual Assault  
212-227-3000

Runaway Hotline  
1-800-786-2929

Teen Pregnancy Hotline (PCAP)  
1-800-522-5006

LGBTQ Resources  
1-866-488-7386

\*Please contact 311 for additional resources in NYC.

11.17.16

## Mental Health & Social Services For NYC Youth



### Call or Text NYC Well Today

- Toll-free and confidential Mental Health Information and Referral Line with access to Mobile Crisis Teams.
  - Staffed by trained Social Workers 24 hours, 7 days per week, 365 days per year.
  - Borough wide Child Mobile Crisis Teams
  - 1-888-NYC-WELL (692-9355)
  - Text "Well" to 65173
  - <http://nycwell.cityofnewyork.us/en/>
  - <http://www.hitesite.org>
- Interpretation services are offered for 200+ languages.

### Office of Safety First

Call this resource if you are concerned about the progress of a child protective investigation or have an ongoing safety concern related to a case that you called into the State Central Registry:

Mandated Reporters:  
718-543-7233

General Public:  
212-676-9421

### Families on the Move, Inc.

- Support for children and youth with emotional, behavioral and/or mental health challenges and their families.
- Coordinated, community-based, culturally-competent, family-driven services.
- <http://fotmny.org/>

For more information about school-based support for mental and behavioral health, contact:

[MH@schools.nyc.gov](mailto:MH@schools.nyc.gov)

### Children's Single Point of Access (CSPOA)

Children's SPOA is designed to improve access to intensive mental health services by creating a single point of entry to refer, link and coordinate services for family and youth who need high end services. Such services include:

- Case management
- Home/community based waiver
- Children's ACT team
- Community residence
- Family based treatment
- 1-888-277-6258

### Family Resource Centers

Provide Parent-to-Parent Support  
Specially trained staff who are aware of problems families have with children with emotional/behavioral difficulties.  
Provide education, support and advocacy to parents.

Manhattan North: 212-410-1820  
 Manhattan South: 212-964-5253  
 Bronx North: 718-220-0456  
 Bronx South: 718-220-3868  
 Queens West: 718- 651-1960  
 Queens East: 347-644-5711  
 Brooklyn North: 877-425-8133  
 Brooklyn South: 347-394-5186  
 Staten Island: 718-698-5307

Dial 0 to speak to an operator

# SCHOOL MENTAL HEALTH



### ADOLESCENT SKILL CENTER LOCATIONS

#### BRONX:

##### Mental Health Association of NYC (MHA)

- Adolescent Skills Centers
- (16-21) years old
- South & West
- 718-292-7880 ext. 6148

#### BROOKLYN:

##### Brooklyn Bureau of Community Service

- Adolescent Employment & Education Program
- (16-21) years old
- 718-566-0305 ext. 1100

#### QUEENS:

##### The Child Center of NY

- JobNet Youth Program
- (16-21) years old
- 347-571-2441 ext. 202

##### Mental Health Association of NYC Queens Location

- Adolescent Skills Center
- (16-21) years old
- 646-738-5131

#### STATEN ISLAND:

##### Staten Island Mental Health Society

- SafeTYnet9 Youth Achieving Independence
- 718-984-6218

#### CITYWIDE:

##### Mental Health Association of NYC

- Youth Employment Services
- 212-254-0333 ext. 861

## Resources for Youth with Mental Health and Behavior Disorders

### Adolescent Skill Centers

- Provides adolescents (16-21 years old) with emotional and behavioral disorders educational remediation, GED prep and vocational training, coaching and placement.
- Life management skill training and internship opportunities.
- Referrals to be made directly to Skill Centers (*locations on the left*)

### New York City Resources

- NYC School Based Mental Health Programs: <http://schools.nyc.gov/Offices/Health>
- HITESITE: is a FREE online resource directory, connecting New Yorkers with over 5,000 Free and Low-Cost Health and Social Services: <http://www.hitesite.org>

### Online Resources

Thrive NYC—provides resources, mental health first aid trainings and a roadmap of Thrive NYC initiatives: <https://nycwell.cityofnewyork.us/en/>

NYC Teen— campaign to engage teens dealing with depression, drugs and violence, and encourages them to seek help: [www.nyc.gov/teen](http://www.nyc.gov/teen)

Department of Youth and Community Development—Search by zip code to find after school program near your school: <http://www1.nyc.gov/site/dycd/index.page>

School Mental Health—provides comprehensive information for clinicians, administrators, families and students: <http://www.schoolmentalhealth.org>

UCLA's Center for School Mental Health— training materials, printable resources and a technical assistance center: <http://smhp.psych.ucla.edu/>

The Center for Health and Health Care in Schools—educates on mental health and health programs in schools: <http://www.healthinschools.org/>

The Center for School Mental Health— technical assistance center and resources: <http://csmh.umaryland.edu/>

The American Psychological Association's Help Center— printable info for parents and educators: <https://www.apa.org/helpcenter/>

Therapy Safety Net—Free and low cost mental health support resources in NYC: <https://therapysafetynet.org/resources/additional-resources-uninsured/>

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**SCHOOL  
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